

## Albuquerque/Rio Rancho

## **Spring 2024 Schedule**

Mondays – 5:45pm, Albuquerque High School

Days where we will collect registration and have shirts are marked with \*

Tues/Thurs – 5:45pm, both Albuquerque and Rio Rancho locations

Sat – 8am, various locations

Goal Races – June 4th (adults) and USATF State Meet (youth)

## **Denotes Popular Community Races**

| DATE               | LOCATION  | TIME    | YOGA | HIIT     |
|--------------------|---|---------|------|----------|
| Monday, April 15   | Albuquerque High Track* - Favorite Sports Team                    | 5:45 PM | X    |          |
| Tuesday, April 16  | UNM North Golf Course   | 5:45 PM |      | Х        |
| Tuesday, April 16  | Alameda Open Space  | 5:45 PM | Х    |          |
| Thursday, April 18 | Netherwood Park   | 5:45 PM |      | Х        |
| Thursday, April 18 | Pueblo Montano Trailhead  | 5:45 PM |      |          |
| Saturday, April 20 | Bernie Jojola 5K Run/Walk (Big Mama Hill) – Isleta Pueblo         | 8:00 AM |      |          |
| Monday, April 22   | Albuquerque High Track*   | 5:45 PM | Х    |          |
| Tuesday, April 23  | UNM North Golf Course   | 5:45 PM |      | Х        |
| Tuesday, April 23  | Alameda Open Space  | 5:45 PM |      |          |
| Thursday, April 25 | UNM Golf Course   | 5:45 PM |      | Х        |
| Thursday, April 25 | Pueblo Montano Trailhead  | 5:45 PM |      |          |
| Saturday, April 27 | Placitas Trailhead  | 8:00 AM |      |          |
| Monday, April 29   | Albuquerque High Track  | 5:45 PM | Х    |          |
| Tuesday, April 30  | Netherwood Park (Fun Day)   | 5:45 PM |      | Х        |
| Tuesday, April 30  | A Park Above (Fun Day)  | 5:45 PM | Х    |          |
| Thursday, May 2    | Albuquerque High Track  | 5:45 PM |      | Х        |
| Thursday, May 2    | Pueblo Montano Trailhead  | 5:45 PM |      |          |
| Saturday, May 4    | Zia USATF Meet (Albuquerque High) – May the 4 <sup>th</sup> be    |         |      |          |
|                    | with you!   |         |      |          |
| Saturday, May 4    | Foothills (Tramway/Copper) – May the 4 <sup>th</sup> be with you! | 8:00 AM |      |          |
| Saturday, May 4    | Shiprock Marathon   |         |      |          |
| Sunday, May 5      | Run for the Zoo   |         |      |          |
| Monday, May 6      | Albuquerque High Track  | 5:45 PM | Х    | <u> </u> |
| Tuesday, May 7     | UNM North Golf Course   | 5:45 PM |      | Х        |
| Tuesday, May 7     | Alameda Open Space  | 5:45 PM | Χ    |          |
| Thursday, May 9    | Netherwood Park   | 5:45 PM |      | Χ        |
| Thursday, May 9    | Pueblo Montano Trailhead  | 5:45 PM |      |          |
| Saturday, May 11   | AAT USATF Meet (Eldorado High School)                             |         |      |          |

| _                 | <del></del>                                   |         |   |   |
|-------------------|---|---------|---|---|
| Saturday, May 11  | Tingley Beach (Bosque Restoration)            | 8:00 AM |   |   |
| Monday, May 13    | Albuquerque High Track                        | 5:45 PM | Х |   |
| Tuesday, May 14   | UNM North Golf Course – Headband Day          | 5:45 PM |   | Х |
| Tuesday, May 14   | Alameda Open Space – Headband Day             | 5:45 PM |   |   |
| Thursday, May 16  | Albuquerque High Track                        | 5:45 PM |   | Х |
| Thursday, May 16  | Pueblo Montano Trailhead                      | 5:45 PM |   |   |
| Saturday, May 18  | John Roberts Dam (Spain/Juan Tabo)            | 8:00 AM |   |   |
| Monday, May 20    | Albuquerque High Track                        | 5:45 PM | Χ |   |
| Tuesday, May 21   | UNM North Golf Course                         | 5:45 PM |   | Х |
| Tuesday, May 21   | Alameda Open Space                            | 5:45 PM | Χ |   |
| Thursday, May 23  | UNM North Golf Course                         | 5:45 PM |   | Х |
| Thursday, May 23  | Pueblo Montano Trailhead                      | 5:45 PM |   |   |
| Saturday, May 25  | Sage Brush Church                             | 8:00 AM |   |   |
| Saturday, May 25  | Jags USATF Meet (Los Lunas High School)       |         |   |   |
| Monday, May 27    | Memorial Day (no RM)                          |         |   |   |
| Tuesday, May 28   | UNM North Golf Course                         | 5:45 PM |   | Х |
| Tuesday, May 28   | Alameda Open Space                            | 5:45 PM |   |   |
| Thursday, May 30  | Albuquerque High Track (Fun Day)              | 5:45 PM |   | Х |
| Thursday, May 30  | A Park Above (Fun Day)                        | 5:45 PM | Х |   |
| Saturday, June 1  | Cougar USATF Meet (Volcano Vista High School) |         |   |   |
| Saturday June 1   | Celebration of Life Run (Alameda Open Space)  | 8:00 AM |   |   |
| Monday, June 3    | Albuquerque High Track                        | 5:45 PM | Χ |   |
| Tuesday, June 4   | UNM North Golf Course                         | 5:45 PM |   | Х |
| Tuesday, June 4   | Alameda Open Space                            | 5:45 PM |   |   |
| Thursday, June 6  | Los Poblanos Open Space (Closing Ceremony)    | 5:45 PM |   |   |
| Saturday, June 15 | Jim Thorpe Run (SIPI)                         | 7:00 AM |   |   |
| Friday, June 21   | NHI Summer Celebration (Tiguex Park)          | TBD     |   |   |
| June TBD          | USATF State Meet (Rio Rancho High School)     | TBD     |   |   |
| Sunday, July 7    | Narbona Pass Classic (Chuska Mountain)        | 8:00 AM |   |   |

