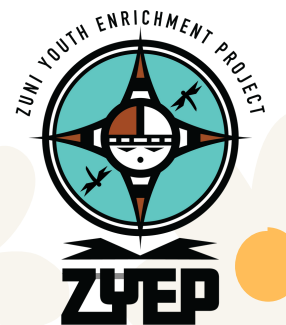


May




RUNNINGMEDICINE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>MEET TWICE A WEEK AT 6:30-7:30 MONDAY/WEDNESDAY SUBJECT TO CHANGE DUE TO WEATHER YOU WILL BE NOTIFIED VIA EMAIL OR TEXT OF CANCELLATIONS</p>			<p>1 MMIR AWARENESS WALK</p>	2	3	4
5	6	7	8	9	10	11
12	<p>13 RM Opening Celebration Blackrock Trail</p>	14	<p>15 Meet at Blackrock Trail</p>	16	17	18
19	<p>20 Meet at Badger Trail</p>	21	<p>22 Meet at Badger Trail</p>	23	24	25
26	<p>27 Meet at Bear Trail</p>	28	<p>29 Meet at Bear Trail</p>			



June




Sunday Monday Tuesday Wednesday Thursday Friday Saturday

MEET TWICE A WEEK 6:30-7:30PM SUBJECTED TO CHANGE DUE TO WEATHER OR CANCELLATIONS-WILL BE NOTIFIED VIA TEXT OR EMAIL						1
2 LGBTQ AWARENESS WALK	3 Meet at Wolf Trail	4	5 Meet at Wolf Trail	6	7	8
9	10 Meet at Mountain Trail	11	12 Meet at Mountain Trail	13	14	15 Jim Thorbe Race
16	17 Meet at West Bluebird Trail	18	19 Meet at West Bluebird Trail	20	21	22
23	24 Meet at Bluebird Mountain Trail	25	26 Meet at Bluebird Mountain Trail END OF RM SEASON CELEBRATION	27	28	29
30						