



			aV		<u>E</u>
Monday	Tuesday	Wednesday	Thursday	Friday	RUNNINGMEDIC
WEEK AT 6:30-7:30 WEDNESDAY ANGE DUE TO WEATHER MAIL OR TEXT OF CANCELLATIONS] MMIR AWARENESS WALK	2	3	4
6	7	8	9	10	11
13 RM Opening Celebration Blackrock Trail	14	15 Meet at Blackrock Trail	16	17	18
20 Meet at Badger Trail	21	22 Meet at Badger Trail	23	24	25
27 Meet at Bear Trail	28	29 Meet at Bear Trail			TUUTH ENRICHMENT ADDRESS
	WEEK AT 6:30-7:30 /WEDNESDAY NGE DUE TO WEATHER ALL OR TEXT OF CANCELLATIONS 6 13 RM Opening Celebration Blackrock Trail 20 Meet at Badger Trail 27	WEEK AT 6:30-7:30 /WEDNESDAY NGE DUE TO WEATHER Aal OR TEXT OF CANCELLATIONS 6 7 13 14 RM Opening Celebration Blackrock Trail 14 20 21 Meet at Badger Trail 28	MondayTuesdayWednesdayWEEK AT 6:30-7:30 (WEDNESDAY NGE DUE TO WEATHER AAL OR TEXT OF CANCELLATIONS1678131413141415 Meet at Blackrock Trail Blackrock Trail20212122 Meet at Badger Trail22232329	MondayTuesdayWednesdayThursdayWEEK AT 6:30-7:30 /WEDNESDAY NGE DUE TO WEATHER AAL OR TEXT OF CANCELLATIONS12678913141516RM Opening Celebration Blackrock Trait122223Meet at Badger Trait212223Meet at Badger Trait282929	WEEK AT 6:30-7:30 /WEDNESDAY NGE DUE TO WEATHER AL OR TEXT OF CANCELLATIONS1236789101314151617RM Opening Celebration Blackrock TrailMeet at Blackrock Trail172021222324Meet at Badger TrailMeet at Badger Trail10

						RUNNINGMEDICINE 2024
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
IEET TWICE A WEEK (JBJECTED TO CHANGE DUE NCELLATIONS-WILL BE NOT EMAIL	TO WEATHER OR]
2	3	4	5	6	7	8
LGBTQ AWARENESS WALK	Meet at Wolf Trail		Meet at Wolf Trail			
9	10	11	12	13	14	15
	Meet at MountainTrail		Meet at Mountain Trail			Jim Thorbe Race
16	17	18	19	20	21	22
	Meet at West Bluebird Trail		Meet at West Bluebird Trai	l		
23	24	25	26	27	28	29
	Meet at Bluebird Mountain	Trail	Meet at Bluebird Mountain Tr END OF RM SEASON CELEBRATI			ANTH ENRICHMENT RADIES
30						ZYEP

						RUNNINGMEDICINE 2024
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
MEET TWICE A WEEK SUBJECTED TO CHANGE DUE CANCELLATIONS-WILL BE NOT EMAIL	TO WEATHER OR]
2	3	4	5	6	7	8
LGBTQ AWARENESS WALK	Meet at Wolf Trail		Meet at Wolf Trail			
9	10	11	12	13	14	15
	Meet at MountainTrail		Meet at Mountain Trail			Jim Thorbe Race
16	17	18	19	20	21	22
	Meet at West Bluebird Trai	l	Meet at West Bluebird Trai			
23	24	25	26	27	28	29
	Meet at Bluebird Mountain	Trail N	Neet at Bluebird Mountain T END OF RM SEASON CELEBRATI			SUTH ENRICHMENT RE
30						ZYEP