



RUNNINGMEDICINE

Jan/Feb 2025 Schedule

A chance to move together, see old RM friends, and keep moving during these cold months!

Saturday, January 11th - **9am at Los Poblanos Open Space**

Saturday, January 18th - **9am at Alameda Open Space**

Saturday, January 25th - **9am at Rio Grande Park**

Saturday, February 1st - **9am at Sage Brush Church (6440 Coors Blvd NW)**

Saturday, February 8th - **9am at Bear Canyon (Meet at Michael Emery Trailhead)**

Saturday, February 15th - **9am at Volcanos**

Saturday, February 22nd - **9am at Placitas**



Native Health Initiative

www.loving-service.us