



RUNNINGMEDICINE
SPRING CELEBRATIONS 2026

GALLUP, NM

DATE	EVENT	LOCATION	TIME
SUN. MARCH 29	SPRING SEASON OPENING CEREMONY	REHOBOTH TRACK & TRAILS	1:30PM
TUE. MARCH 31	TRAILS	RED ROCK STATE PARK	6PM
THUR. APRIL 2	TRAILS	RED ROCK STATE PARK	6PM
FRI. APRIL 3	REZ TWILIGHT 5K/10K	ST. MICHAEL'S SUMMIT	7:30PM
SUN. APRIL 5	EASTER SUNDAY	N/A	N/A
TUE. APRIL 7	TRAILS	NORTH SIDE TRAILS	6PM
THUR. APRIL 9	TRAILS	NORTH SIDE TRAILS	6PM
SUN. APRIL 12	TRAILS	NORTH SIDE TRAILS	1:30PM
SUN. APRIL 12	ANTELOPE CANYON X HALF & 8MI BREAK THE SILENCE 10K	PAGE, AZ ABQ	AM AM
TUE. APRIL 14	TRAILS	REHOBOTH TRAILS	6PM
THUR. APRIL 16	TRAILS	REHOBOTH TRAILS	6PM
SUN. APRIL 19	TRAILS/LONG RUN	REHOBOTH TRAILS	1:30PM
TUE. APRIL 21	TRAILS	SPORTS COMPLEX	6PM
THUR. APRIL 23	TRAILS	SPORTS COMPLEX	6PM
SAT. APRIL 25	DWI AWARENESS 5K	FOX RUN GOLF COURSE	9AM

SUN. APRIL 26	TRACK WORKOUT	GMS TRACK/ANGELO DIPAOLO STADIUM	1:30PM
TUE. APRIL 28	TRAILS	UNM TRAIL	6PM
THUR. APRIL 30	TRAILS	UNM TRAIL	6PM
SAT. MAY 2	SHIPROCK MARATHON	SHIPROCK	AM
SUN. MAY 3	TRACK WORKOUT	GMS TRACK/ANGELO DIPAOLO STADIUM	1:30PM
SUN. MAY 3	RUN TO THE ZOO 5K/10K/HALF	ABQ- BIOPARK ZOO	7AM
TUE. MAY 5	TRAILS	HIGH DESERT TRAILS- EAST TRAILHEAD	6PM
THUR. MAY 7	TRAILS	HIGH DESERT TRAILS- EAST TRAILHEAD	6PM
SAT. MAY 9	USATF YOUTH MEET #1	ABQ	AM
SUN. MAY 10	TRAILS/LONG RUN	HIGH DESERT TRAILS- EAST TRAILHEAD	1:30PM
TUE. MAY 12	TRAILS	RED ROCK STATE PARK	6PM
THUR. MAY 14	TRAILS	RED ROCK STATE PARK	6PM
SAT. MAY 16	BLUEWATER CANYON 5MI. HOOD MESA TRAIL RUN	BLUEWATER/GRANTS FARMINGTON	8:30AM 7AM
SUN. MAY 17	TRAILS/LONG RUN	RED ROCK STATE PARK	1:30PM
TUE. MAY 19	TRACK WORKOUT	GMS TRACK/ANGELO DIPAOLO STADIUM	6PM
THUR. MAY 21	TRACK WORKOUT	GMS TRACK/ANGELO DIPAOLO STADIUM	6PM
SAT. MAY 23	USATF YOUTH MEET #2	ABQ	AM
SUN. MAY 24	TRAILS/LONG RUN	MCGAFFEY- STRAWBERRY CANYON TRAILHEAD	1:30PM
TUE. MAY 26	TRACK WORKOUT	GMS TRACK/ANGELO DIPAOLO STADIUM	6PM
THUR. MAY 28	TRACK WORKOUT	GMS TRACK/ANGELO DIPAOLO STADIUM	6PM
SAT. MAY 30	USATF YOUTH MEET #3	ABQ	AM
SUN. MAY 31	MEMORIAL DAY WEEKEND	N/A	N/A
MON. JUNE 1	VETERAN'S DAY RUN	SPORTS COMPLEX	AM
TUE. JUNE 2	TRACK WORKOUT	GMS TRACK/ANGELO DIPAOLO STADIUM	6PM

THUR. JUNE 4	TRACK WORKOUT	GMS TRACK/ANGELO DIPAOLO STADIUM	6PM
SAT. JUNE 6	USATF YOUTH MEET #4	ABQ	PM
SAT. JUNE 6	JOY RIDE & RUN 1MI & 5MI	HIGH DESERT TRAILS- EAST TRAILHEAD	8AM
SUN. JUNE 7	TRAILS/LONG RUN	HIGH DESERT TRAILS- MENTMORE TRAILHEAD	1:30PM
	FINAL WEEK FOR	RUNNING MEDICINE MEET UPS	
TUE. JUNE 9	TRACK WORKOUT	GMS TRACK/ANGELO DIPAOLO STADIUM	6PM
THUR. JUNE 11	TRACK WORKOUT	GMS TRACK/ANGELO DIPAOLO STADIUM	6PM
	USATF STATE MEET	YOUTH ONLY FOR THE FINAL WEEK	
TUE. JUNE 16	TRACK WORKOUT	GMS TRACK/ANGELO DIPAOLO STADIUM	6PM
THUR. JUNE 18	TRACK WORKOUT	GMS TRACK/ANGELO DIPAOLO STADIUM	6PM
SAT. JUNE 20	USATF YOUTH STATE TRACK MEET	ABQ	AM
SUN. JUNE 21	CLOSING CEREMONY	TBD	1:30PM
SAT. JUNE 20	WATER IS LIFE 5K/10K	STEAMBOAT, AZ	AM
SAT. JUNE 27	JIM THORPE 5K	ABQ	AM

